



# State of North Carolina

**ROY COOPER**  
GOVERNOR

## CHRONIC DISEASE AWARENESS DAY

2021

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

### A PROCLAMATION

**WHEREAS**, chronic diseases and conditions – such as some forms of heart disease, stroke, cancer, type 2 diabetes, obesity, and arthritis – are among the most common, costly, and preventable of all health problems; and

**WHEREAS**, chronic diseases are responsible for 7 out of every 10 deaths each year in the United States, and treating people with chronic diseases accounts for most of our nation's health care costs; and

**WHEREAS**, chronic diseases and injuries are accountable for approximately two-thirds of all deaths each year in North Carolina; and

**WHEREAS**, approximately half of all-American adults have at least one chronic condition; and

**WHEREAS**, just as chronic diseases share many of the same causes, they also share many of the same strategies and interventions that can prevent them or lessen their severity; and

**WHEREAS**, Chronic Disease Awareness Day promotes best practices of self-care to reduce individual risk and thereby lower national health care costs for everyone; and

**WHEREAS**, the State of North Carolina commends the many organizations, groups, agencies, and individuals working to increase awareness, provide education, encourage prevention, and promote accessible health care to reduce the prevalence of chronic diseases in communities throughout our state;

**NOW, THEREFORE, I, ROY COOPER**, Governor of the State of North Carolina, do hereby proclaim July 10, 2021, as "**CHRONIC DISEASE AWARENESS DAY**" in North Carolina, and commend its observance to all citizens.



  
\_\_\_\_\_  
Roy Cooper  
Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-fifth day of June in the year of our Lord two thousand and twenty-one and of the Independence of the United States of America the two hundred and forty-fifth.