



# State of North Carolina

**ROY COOPER**  
GOVERNOR

## **EATING DISORDERS AWARENESS WEEK**

**2018**

**BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA**

### **A PROCLAMATION**

**WHEREAS**, the 2018 theme for National Eating Disorders Awareness Week is Let's Get Real, and will focus on expanding the conversation around eating disorders to include the diverse perspectives of those affected; and

**WHEREAS**, eating disorders are serious, life-threatening conditions that impact a person's physical and emotional health; and

**WHEREAS**, too often, signs and symptoms of eating disorders are overlooked; many people are unaware of the consequences, as well as the pressures and behaviors which shape eating disorders; and

**WHEREAS**, in the United States, at least 30 million people of all ages and genders suffer from clinically significant eating disorders at some time in their life; and

**WHEREAS**, these eating disorders, including anorexia nervosa, bulimia nervosa, and binge eating disorders, are not lifestyle choices, but potentially fatal illnesses; and

**WHEREAS**, eating disorders occur most frequently in adolescents and are associated with co-morbid psychiatric illnesses, including depression, anxiety, substance abuse, and high risk of suicide; anorexia nervosa has the highest mortality rate of any mental illness; and

**WHEREAS**, National Eating Disorders Awareness Week encourages people to share their experiences with disordered eating and body image struggles, and highlights the importance of screenings for early detection and intervention of eating disorders;

**NOW, THEREFORE**, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim February 26 – March 4, 2018, as “**EATING DISORDERS AWARENESS WEEK**” in North Carolina, and commend its observance to all citizens.



  
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Roy Cooper  
Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-sixth day of February in the year of our Lord two thousand and eighteen and of the Independence of the United States of America the two hundred and forty-second.