

State of North Carolina

ROY COOPER

GOVERNOR

DIABETES ALERT DAY

2018

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, an estimated 29.1 million people in the United States have diabetes, and of these, over a quarter (8.1 million individuals) do not know that they have the disease; and

WHEREAS, in North Carolina, more than 800,000 adults report having been diagnosed with diabetes by a health care professional; an estimated more than 50,000 North Carolinians are diagnosed with diabetes annually; and

WHEREAS, there is no known cure for this serious disease, and complications include heart disease, stroke, blindness, kidney disease, and amputation; in both the United States and North Carolina, diabetes is the seventh-leading cause of death; and

WHEREAS, racial and ethnic minority populations in North Carolina have an increased risk for developing type 2 diabetes; and

WHEREAS, one in three North Carolinians have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; and

WHEREAS, type 2 diabetes accounts for 90 percent of diagnosed diabetes cases in adults in the United States; however, type 2 diabetes can be prevented or delayed through participation in a diabetes prevention lifestyle change program; and

WHEREAS, North Carolinians can visit www.DiabetesFreeNC.com to find out if they are at risk for the disease; and

WHEREAS, increasing community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with, or at risk for, diabetes will get the attention they need before suffering devastating complications; and

WHEREAS, the State of North Carolina encourages people to become more aware of their personal risk for diabetes and its complications, and to follow up with their health care team;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim March 27, 2018, as "DIABETES ALERT DAY" in North Carolina, and commend its observance to all citizens.



Roy Cooper Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twentieth day of March in the year of our Lord two thousand and eighteen and of the Independence of the United States of America the two hundred and forty-second.