



State of North Carolina

ROY COOPER
GOVERNOR

DIABETES ALERT DAY

2019

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, an estimated 1 million North Carolinians have diabetes and of these, approximately one-quarter are unaware that they have the disease; and

WHEREAS, more than 1 in 3 North Carolinians have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; each year, an estimated 53,000 North Carolinians are diagnosed with diabetes; and

WHEREAS, there is no known cure for this serious disease, and complications include heart disease, stroke, blindness, kidney disease, and amputation; and

WHEREAS, racial and ethnic minority populations in North Carolina are at an increased risk for developing type 2 diabetes; and

WHEREAS, type 2 diabetes can be prevented or delayed through participation in a diabetes prevention lifestyle change program; North Carolinians can visit www.DiabetesFreeNC.com to find out if they are at risk for developing type 2 diabetes; and

WHEREAS, increasing community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with, or at risk for, diabetes will get the attention they need before suffering the devastating complications associated with this disease; and

WHEREAS, the State of North Carolina encourages people to become more aware of their personal risk for diabetes and its complications, and to follow up with their health care providers;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim March 26, 2019, as “**DIABETES ALERT DAY**” in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twentieth day of March in the year of our Lord two thousand and nineteen and of the Independence of the United States of America the two hundred and forty-second.