



State of North Carolina

ROY COOPER
GOVERNOR

DIABETES AWARENESS MONTH

2018

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, 1 in 10 adults in North Carolina report having been diagnosed with diabetes, a serious disease that has no cure; and

WHEREAS, an estimated 53,000 North Carolinians are diagnosed with diabetes annually; and

WHEREAS, complications from diabetes include heart disease, stroke, blindness, kidney disease, pain, erectile dysfunction, amputation, and death; and

WHEREAS, approximately 1 in 4 people with diabetes are unaware they have the disease; and

WHEREAS, type 1 diabetes is an autoimmune disease in which a person's pancreas stops producing insulin, causing lifelong dependence on an insulin pump or injections; the causes of type 1 diabetes are not entirely understood, and there is no prevention for the disease; and

WHEREAS, more than 9 in 10 adults with a diabetes diagnosis in the United States have type 2 diabetes, and more than 1 in 3 adults have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; racial and ethnic minority populations also have a greater risk of developing type 2 diabetes; and

WHEREAS, unlike type 1 diabetes, type 2 diabetes can be prevented or delayed through participation in a diabetes prevention lifestyle change program; and

WHEREAS, increasing community awareness of diabetes risks and symptoms can improve the likelihood that people with diabetes or prediabetes will get the education they need to prevent or reduce complications of the disease;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim November, 2018, as "**DIABETES AWARENESS MONTH**" in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-third day of October in the year of our Lord two thousand and eighteen and of the Independence of the United States of America the two hundred and forty-second.