

State of North Carolina

ROY COOPER
GOVERNOR

DON'T FRY DAY

2019

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, the Friday before Memorial Day is National Don't Fry Day, raising awareness of sun safety and encouraging everyone to take steps to protect their skin, especially as the summer months begin; and

WHEREAS, ultraviolet (UV) rays – from the sun and other sources like tanning beds – are the primary cause of skin cancer, the most common cancer in the United States; and

WHEREAS, according to the American Cancer Society, more people are diagnosed with skin cancer each year in the United States than all other cancers combined; and

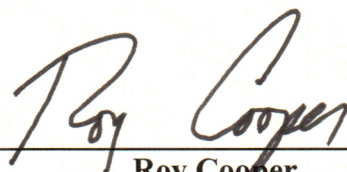
WHEREAS, skin cancer is also considered one of the most preventable cancers, and people can actively reduce their risk of skin cancer by applying sunscreen, wearing sun protective clothing and sunglasses, seeking shade, avoiding tanning devices, and visiting a dermatologist on an annual basis; and

WHEREAS, Don't Fry Day is an opportunity for all people to make a lifetime commitment to practice sun safety; and

WHEREAS, the State of North Carolina encourages people to protect themselves and their families against sun damage, and to promote sun safety awareness and education in our communities;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim May 24, 2019, as **"DON'T FRY DAY"** in North Carolina, and commend its observance to all citizens.





Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this thirteenth day of May in the year of our Lord two thousand and nineteen and of the Independence of the United States of America the two hundred and forty-second.