



State of North Carolina

ROY COOPER
GOVERNOR

POST-TRAUMATIC STRESS INJURY AWARENESS MONTH

AND

POST-TRAUMATIC STRESS INJURY AWARENESS DAY

2019

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, the more than 120,000 active military personnel and more than 720,000 veterans of North Carolina deserve the investment of every possible resource to ensure their lasting physical, mental and emotional well-being; and

WHEREAS, post-traumatic stress injury (PTSI) affects approximately 8 million adults in the United States annually; and

WHEREAS, as many as 20 percent of all veterans of the United States Armed Forces experience some form of PTSI; and

WHEREAS, PTSI can occur after experiencing a severely traumatic event such as military combat, sexual assault, child abuse, high-impact collision, natural disaster, an act of terrorism or other forms of trauma; and

WHEREAS, post-traumatic stress significantly increases the risk of anxiety, depression, suicide, homelessness, and drug- and alcohol-related disorders and deaths, especially if left untreated; and

WHEREAS, many combat stress injuries and other forms of PTSI remain unreported, undiagnosed and untreated due to a lack of awareness about post-traumatic stress and the persistent stigma associated with mental health conditions; and

WHEREAS, throughout our nation, there is still much work to be done to destigmatize PTSI and other mental health conditions, and to encourage those suffering from PTSI to seek treatment; and

WHEREAS, through increased awareness and understanding of PTSI, our state and nation can better support the health and wellness of those who have fought and sacrificed to protect our freedoms; and

WHEREAS, all people who have suffered the effects of PTSI deserve our universal respect and consideration, and have the right to seek treatment and support free from shame;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim June, 2019, as “**POST-TRAUMATIC STRESS INJURY AWARENESS MONTH**” and June 27, 2019, as “**POST-TRAUMATIC STRESS INJURY AWARENESS DAY**” in North Carolina, and commend observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this seventh day of June in the year of our Lord two thousand and nineteen and of the Independence of the United States of America the two hundred and forty-second.