

State of North Carolina

ROY COOPER GOVERNOR

CLASSICAL MUSIC MONTH

2020

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, classical music is a loose term for music historically rooted in Western culture, ranging from the early 18th century to the present day—and which in our state is deeply influenced by African and folk music traditions; and

WHEREAS, famous composers of classical music include Ludwig van Beethoven, Wolfgang Amadeus Mozart, Joseph Hadyn, Johann Sebastian Bach, Florence Price, William Grant Still, Caroline Shaw, Amy Beach, Jennifer Higdon, Wynton Marsalis, Branford Marsalis, and Rhiannon Giddens, among many others; and

WHEREAS, over the years, various studies have been conducted with regards to the mental and physical health benefits of listening to classical music; although results have varied, there is strong evidence to support the idea that music from this tradition can help lower blood pressure, reduce stress and anxiety, and improve memory loss for patients with dementia and Alzheimer's disease; and

WHEREAS, classical music is widely available with many publicly funded radio stations, including WCPE 89.7, The Classical Station, which broadcasts out of Wake Forest, providing free listening online and over the airwaves; and

WHEREAS, millions of people who grew up in North Carolina were first introduced to the power of live classical music through the education program of the North Carolina Symphony, a professional orchestra which serves the entire state of North Carolina as a division of the North Carolina Department of Natural and Cultural Resources; and

WHEREAS, the value of listening to classical music cannot be overstated, and North Carolinians across our state are encouraged to take time to tune in to their local classical radio stations, support their favorite symphonies and orchestras, and to keep the tradition of classical music alive for future generations to come;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim September, 2020, as "**CLASSICAL MUSIC MONTH**" in North Carolina, and commend its observance to all citizens.



Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this eighteenth day of August in the year of our Lord two thousand and twenty and of the Independence of the United States of America the two hundred and forty-fifth.