

# State of North Carolina

**ROY COOPER**  
GOVERNOR

**DIABETES ALERT DAY**

**2020**

**BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA**

**A PROCLAMATION**

**WHEREAS**, an estimated 1 million North Carolinians have diabetes and of these, approximately one-quarter are unaware that they have the disease; and

**WHEREAS**, more than 1 in 3 North Carolinians have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; each year, an estimated 53,000 North Carolinians are diagnosed with diabetes; and

**WHEREAS**, there is no known cure for this serious disease, and complications include heart disease, stroke, blindness, kidney disease, and amputation; and

**WHEREAS**, increasing community awareness of risk factors, signs, and symptoms related to diabetes can improve the likelihood that people with, or at risk for, diabetes will seek out the attention they need before suffering the devastating complications associated with this disease; and

**WHEREAS**, racial and ethnic minority populations in North Carolina are at an increased risk for developing type 2 diabetes; health behavior support services are available through the North Carolina Minority Diabetes Prevention Program offered by the North Carolina Office of Minority Health and Health Disparities at [NCMinorityHealth.org](http://NCMinorityHealth.org); and

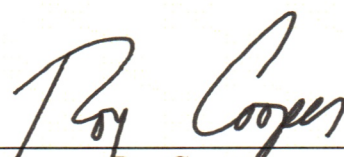
**WHEREAS**, type 2 diabetes can be prevented or delayed through participation in a diabetes prevention lifestyle change program; North Carolinians can visit [www.DiabetesFreeNC.com](http://www.DiabetesFreeNC.com) to find out if they are at risk for developing type 2 diabetes; and

**WHEREAS**, there are management treatment options for those with type 2 diabetes; North Carolinians can visit [DiabetesManagementNC.com](http://DiabetesManagementNC.com) to locate diabetes self-management education and support services from around the state; and

**WHEREAS**, the State of North Carolina encourages people to become more aware of their personal risk for diabetes and its complications, and to follow up with their health care providers;

**NOW, THEREFORE**, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim March 24, 2020, as **"DIABETES ALERT DAY"** in North Carolina, and commend its observance to all citizens.



  
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Roy Cooper  
Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this nineteenth day of March in the year of our Lord two thousand and twenty and of the Independence of the United States of America the two hundred and forty-fourth.