



State of North Carolina

ROY COOPER
GOVERNOR

FOOD ALLERGY AWARENESS WEEK

2021

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, food allergies affect nearly 1 in 5 adults in the United States and almost 6 million children under the age of 18; and

WHEREAS, research shows that the prevalence of food allergies is increasing among children and adults; and

WHEREAS, eight foods cause the majority of all food allergy reactions in the United States: shellfish, fish, milk, eggs, tree nuts, peanuts, soy, and wheat; symptoms of an allergic reaction to food can range from mild to severe and can include hives, vomiting, diarrhea, respiratory distress, and swelling of the throat; and

WHEREAS, food allergies result in more than 200,000 emergency department visits each year; reactions typically occur when an individual unknowingly eats a food containing an ingredient to which he or she is allergic; and

WHEREAS, the number of food allergy reactions requiring emergency treatment has increased significantly over the past decade, with a 377 percent rise in diagnoses of anaphylactic food reactions between 2007 and 2016; and

WHEREAS, anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death; and

WHEREAS, Food Allergy Research & Education (FARE) is a national, nonprofit organization dedicated to improving the quality of life and health of individuals with food allergies, and to providing hope through the promise of new treatments;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim May 9 – 15, 2021, as “**FOOD ALLERGY AWARENESS WEEK**” in North Carolina, and commend its observance to all citizens.





Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-seventh day of April in the year of our Lord two thousand and twenty-one and of the Independence of the United States of America the two hundred and forty-fifth.