



State of North Carolina

ROY COOPER
GOVERNOR

SUDDENLY SLEEPY SATURDAY

2020

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, narcolepsy is a chronic neurological disorder caused by the brain's inability to regulate sleep-wake cycles; and

WHEREAS, narcolepsy affects an estimated 1 in every 2,000 Americans; and

WHEREAS, narcolepsy is an under-recognized and under-diagnosed condition; and

WHEREAS, the symptoms of narcolepsy, especially when undiagnosed, can lead to accidents, injuries, and problems with learning and working; and

WHEREAS, narcolepsy affects people neurologically, socially, and emotionally; and

WHEREAS, narcolepsy affects people of all ages, with onset typically between the ages of 10 and 30; and

WHEREAS, Narcolepsy Network is a national organization created to promote awareness of the disease and support for those who suffer from narcolepsy;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim March 7, 2020, as "SUDDENLY SLEEPY SATURDAY" in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-eighth day of February in the year of our Lord two thousand and twenty and of the Independence of the United States of America the two hundred and forty-fourth.