



State of North Carolina

ROY COOPER
GOVERNOR

DIABETES AWARENESS MONTH

2023

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, an estimated 34 million people in the United States have diabetes, a serious disease that has no cure; more than one million adults report having been diagnosed with diabetes by a health care professional in North Carolina, and an estimated more than 72,000 North Carolinians are diagnosed with diabetes annually; and

WHEREAS, while diabetes is the seventh-leading cause of death in North Carolina, approximately one in five of the people with diabetes do not know they have the disease; and

WHEREAS, complications from diabetes can include heart disease, stroke, blindness, kidney disease, hearing loss, and amputation; and

WHEREAS, racial and ethnic minority populations in North Carolina have an increased risk for developing type 2 diabetes; and

WHEREAS, more than one in three North Carolinians may have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; and

WHEREAS, type 2 diabetes accounts for 90 to 95 percent of diagnosed diabetes cases in adults in the United States and can be prevented or delayed through participation in a diabetes prevention lifestyle change program; and

WHEREAS, North Carolinians can visit the DiabetesFreeNC.com website to find out if they are at risk for the disease; those living with diabetes can visit the website DiabetesManagementNC.com to find a diabetes self-management education and support service near them; and

WHEREAS, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with, or at risk for, diabetes will get the attention they need before suffering the devastating complications;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim November, 2023, as “**DIABETES AWARENESS MONTH**” in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-seventh day of October in the year of our Lord two thousand and twenty-three and of the Independence of the United States of America the two hundred and forty-eighth.