



# State of North Carolina

**ROY COOPER**  
GOVERNOR

**DIABETES AWARENESS MONTH**

2024

**BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA**

**A PROCLAMATION**

**WHEREAS**, an estimated 38 million people in the United States have diabetes, a serious disease with no cure, and more than a million adults report having been diagnosed with diabetes by a health care professional in North Carolina, and more than 50,000 in our state are diagnosed with diabetes annually; and

**WHEREAS**, while diabetes is the seventh-leading cause of death in North Carolina, approximately one in five of the people with diabetes do not know they have the disease; and

**WHEREAS**, complications from diabetes include heart disease, stroke, blindness, kidney disease, hearing loss, and amputation; and

**WHEREAS**, racial and ethnic minority populations in North Carolina have an increased risk for developing type 2 diabetes; and

**WHEREAS**, more than one in three North Carolinians may have prediabetes, a condition that puts them at greater risk for developing type 2 diabetes; and

**WHEREAS**, type 2 diabetes accounts for approximately 95 percent of diagnosed diabetes cases in adults in the United States, type 2 diabetes can be prevented or delayed through participation in a diabetes prevention lifestyle change program; and

**WHEREAS**, North Carolinians can visit the DiabetesFreeNC.com website to find out if they are at risk for the disease; those living with diabetes can visit the DiabetesMangementNC.com website to find a diabetes self-management education and support service near them; and

**WHEREAS**, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with, or at risk for, diabetes will get the attention they need before suffering the devastating complications;

**NOW, THEREFORE**, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim November, 2024, as “**DIABETES AWARENESS MONTH**” in North Carolina, and commend its observance to all citizens.



Roy Cooper  
Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this thirty-first day of October in the year of our Lord two thousand and twenty-four and of the Independence of the United States of America the two hundred and forty-ninth.