



State of North Carolina

ROY COOPER
GOVERNOR

FIBROMYALGIA AWARENESS DAY

2023

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, fibromyalgia is a chronic-pain disorder that causes widespread body pain, affecting 2 to 4 percent of the population in the United States and approximately 313,000 to 522,000 North Carolinians; and

WHEREAS, in addition to chronic pain, fibromyalgia's symptoms include moderate to severe fatigue, sleep disorders, stiffness and weakness, mobility/balance instability, headaches/migraines, numbness and tingling, nausea, vertigo, and impairment of memory and concentration; and

WHEREAS, people living with fibromyalgia often have several co-existing medical conditions, which may include chronic myofascial pain, irritable bowel syndrome, Raynaud's syndrome, interstitial cystitis, peripheral neuropathy, anxiety, depression, and chemical and environmental sensitivities; and

WHEREAS, it can take three to five years to receive a formal diagnosis of fibromyalgia, and even then, there are few treatment options available; and

WHEREAS, the State of North Carolina encourages increased awareness and understanding by the public and health care providers to help people and families dealing with this disease receive appropriate medical intervention, compassionate care, and support; and

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim May 12, 2023, as "**FIBROMYALGIA AWARENESS DAY**" in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twelfth day of May in the year of our Lord two thousand and twenty-three and of the Independence of the United States of America the two hundred and forty-seventh.