

# State of North Carolina

**JOSH STEIN**  
GOVERNOR

## FOOD ALLERGY AWARENESS WEEK

2025

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

### A PROCLAMATION

**WHEREAS**, food allergies affect nearly 1 in 5 adults in the United States and almost 6 million children under the age of 18; and

**WHEREAS**, research shows that the prevalence of food allergies is increasing among children and adults; and

**WHEREAS**, nine foods cause the majority of all food allergy reactions in the United States: shellfish, fish, crustaceans, eggs, tree nuts, peanuts, soy, and wheat; symptoms of a food allergy reaction can range from mild to severe and can include hives, vomiting, diarrhea, respiratory distress, and swelling of the throat; and

**WHEREAS**, anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death; and

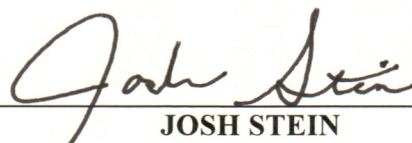
**WHEREAS**, food allergies result in more than 200,000 emergency department visits each year; reactions typically occur when an individual unknowingly eats a food containing an ingredient to which he or she is allergic; and

**WHEREAS**, the number of food allergy reactions requiring emergency treatment has increased significantly; and

**WHEREAS**, the State of North Carolina commends organizations like Food Allergy Research & Education (FARE) for their dedication to improving the quality of life and the health of individuals with food allergies and to providing them hope through the promise of new treatments;

**NOW, THEREFORE**, I, JOSH STEIN, Governor of the State of North Carolina, do hereby proclaim May 11-17, 2025, as “**FOOD ALLERGY AWARENESS WEEK**” in North Carolina, and commend its observance to all citizens.



  
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JOSH STEIN

Governor

**IN WITNESS WHEREOF**, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this first day of May in the year of our Lord two thousand and twenty-fifth and of the Independence of the United States of America the two hundred and forty-ninth.