



State of North Carolina

ROY COOPER
GOVERNOR

GET YOUR FLU SHOT DAY

2023

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, influenza is a contagious respiratory virus that can cause mild to severe illness, and at times can lead to death; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) estimates that influenza caused 27 – 54 million flu illnesses, 12 – 26 million flu medical visits, 300,000 – 650,000 flu hospitalizations, and 19,000 – 58,000 flu deaths during the 2022 – 2023 season; and

WHEREAS, North Carolina had high rates of influenza infections early in the season in 2022, particularly among vulnerable populations; and

WHEREAS, each flu season, approximately 5 to 20 percent of the population will get influenza; and

WHEREAS, the first and most important step in minimizing the risk of an influenza infection is to get an annual flu vaccine; and

WHEREAS, influenza vaccination prevents illnesses, medical visits, hospitalizations, and deaths; it is best to be vaccinated in early fall, before influenza typically begins spreading in the United States;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim September 25, 2023, as “**GET YOUR FLU SHOT DAY**” in North Carolina, and commend its observance to all citizens.



Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-second day of September in the year of our Lord two thousand and twenty-three and of the Independence of the United States of America the two hundred and forty-eighth.