

## State of North Carolina ROY COOPER GOVERNOR

## MALNUTRITION AWARENESS WEEK

2021

## BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

## A PROCLAMATION

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition compared to other groups; and

WHEREAS, nutrition is a human right and Social Determinant of Health, and malnutrition is exacerbated by the global COVID-19 health pandemic, which has intensified disparities, inequities, and social isolation and is further compounded by food insecurity; and

WHEREAS, illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, or disease; and

WHEREAS, each day, approximately 15,000 hospital patients with malnutrition go undiagnosed; and

WHEREAS, malnourished patients have two times longer hospital stays compared to patients with no malnutrition; and

WHEREAS, the 30-day readmission rate is 1.6 times higher than patients without malnutrition;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim October 4-8, 2021, as "MALNUTRITION AWARENESS WEEK" in North Carolina, and commend its observance to all citizens.



Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this thirtieth day of September in the year of our Lord two thousand and twenty-one and of the Independence of the United States of America the two hundred and forty-sixth.