



State of North Carolina

ROY COOPER
GOVERNOR

WORLD ARTHRITIS DAY

2021

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, arthritis is a condition characterized by the swelling of one or more joints, causing pain and stiffness; and

WHEREAS, there are a disproportionately high number of individuals affected by arthritis in North Carolina compared to other states, due in part to our older and more rural populations; and

WHEREAS, arthritis is estimated to affect over 2 million residents across our state; women, in particular, have a higher age-adjusted prevalence of arthritis, according to a report by the Centers for Disease Control and Prevention; and

WHEREAS, the prevalence of arthritis is exponential and increases with age; and

WHEREAS, individuals with diabetes, heart disease, high blood pressure, high cholesterol, and obesity can be disproportionately affected by arthritis; and

WHEREAS, individuals with arthritis are often less active and struggle with disease-specific barriers to being physically active, such as episodic pain and fear of exacerbating their condition; and

WHEREAS, the State of North Carolina acknowledges the daily pain of those living with arthritis, and encourages residents, organizations, and medical professionals across our state to continue supporting the growing community of individuals affected by this devastating condition;

NOW, THEREFORE, I, ROY COOPER, Governor of the State of North Carolina, do hereby proclaim October 12, 2021, as "WORLD ARTHFITIS DAY" in North Carolina, and commend its observance to all citizens.





Roy Cooper
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this seventh day of October in the year of our Lord two thousand and twenty-one and of the Independence of the United States of America the two hundred and forty-sixth.