

# State of North Carolina

## **JOSH STEIN**

**GOVERNOR** 

### DROWSY DRIVING PROTECTION WEEK

2025

#### BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

#### **A PROCLAMATION**

WHEREAS, sleep-deprived driving is the operation of a motor vehicle while being cognitively impaired by a lack of sleep; and

**WHEREAS**, drowsy driving is involved in at least 2.2 percent to 2.6 percent of total fatal crashes annually; and

**WHEREAS**, nationally, driver fatigue is believed to cause 100,000 police-reported crashes annually, with 1,550 deaths, 71,000 injuries, and \$12.5 billion in monetary losses; and

**WHEREAS**, 54 percent of adult drivers said they had driven while drowsy during the past year, and 28 percent said they had fallen asleep while driving; and

WHEREAS, driving drowsy and driving drunk have similar effects, and driving after more than 20 hours without sleep is estimated to be the equivalent of driving with a blood alcohol concentration (BAC) of 0.08 percent; and

WHEREAS, data shows that you are three times more likely to be in a car accident if you are fatigued;

**NOW, THEREFORE,** I, JOSH STEIN, Governor of the State of North Carolina, do hereby proclaim November 2 – 8, 2025, as "**DROWSY DRIVING PROTECTION WEEK**" in North Carolina and commend its observance to all citizens.

JOSH STEIN Governor

IN WITCESS WHERE OF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-first day of October in the year of our Lord two thousand and twenty-fifth and of the Independence of the United States of America the two hundred and fiftieth.