

State of North Carolina

JOSH STEIN
GOVERNOR

OLDER AMERICANS MONTH

2026

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, North Carolina strives to be a great place for growing older while thriving within families, neighborhoods, and communities and being supported to maintain a high quality of life; and

WHEREAS, North Carolina continues to be recognized as one of the best states in which to retire, ranking ninth in the number of people aged 65 and older; and one in five North Carolinians are projected to be aged 65 or older; and

WHEREAS, the U.S. Administration for Community Living has designated the 2026 theme for Older Americans Month as “Champion Your Health,” emphasizing prevention, wellness, and self-management and encouraging older adults to take active roles in their health and independence; and

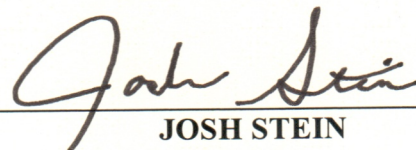
WHEREAS, North Carolina must ensure that its older residents have the resources and support needed to stay involved in their communities, reflecting our commitment to inclusivity and connectedness; and

WHEREAS, the Governor’s Advisory Council on Aging and the Senior Tar Heel Legislature promote awareness of issues surrounding aging and advocate for older adults; and

WHEREAS, the North Carolina Department of Health and Human Services leads the All Ages All Stages NC: Roadmap to Aging and Living Well initiative, which represents the culmination of a multisector planning process to make sure North Carolina is an age-friendly state where aging is viewed not as a limitation but as a journey filled with purpose, exploration, and connection;

NOW, THEREFORE, I, JOSH STEIN, Governor of the State of North Carolina, do hereby proclaim May 2026 as “**OLDER AMERICANS MONTH**” in North Carolina and commend its observance to all residents.





JOSH STEIN
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this twenty-seventh day of April in the year of our Lord two thousand and twenty-sixth and of the Independence of the United States of America the two hundred and fiftieth.