# Comprehensive School Counseling

Tim Hardin, NCSCA President

Cynthia Floyd, NCDPI Consultant for School Counseling

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## School Counseling

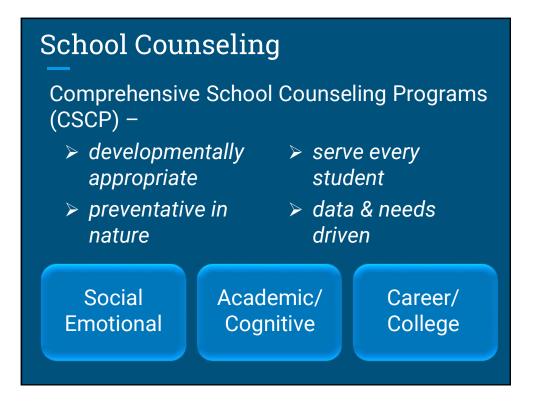
- Approximately 4137 School Counselors in NC Public Schools
- Ratios Recommended 1 : 250
  NC ~1 : 367
- Lower ratios linked to improved academic performance, lower disciplinary incidents, better graduation rates, and increased college attendance

Empirical Research Studies Supporting the Value of School Counseling; National Association of College Admission Counseling, 2016

- Specialized Master's Degree required for DPI licensure
- School Counseling master's programs are 48 to 60 semester hours
- 15 School Counselor Preparation Programs across NC
- Uniquely trained and qualified to provide education, prevention, early intervention and referral services to students and families

#### School Counseling

- Appropriate roles of school counselors are supported by NC Professional School Counselor Standards and NC G.S. 115C-316.1 Duties of School Counselors which are both aligned with the ASCA National Model
- Collaboration is referenced 27 times in the NC School Counselor Professional Standards Evaluation instrument



- NC Guidance Essential Standards and ASCA Mindsets & Behaviors
- Recognized ASCA Model Programs (RAMP) -71 NC schools recognized by ASCA for implementing exemplar CSCP
   Recognized ASCA Model Program Rails Prog

A Framework for Safe and Successful Schools recommends

- Integrating school services through collaboration
- Adequately staffing SISP
- Using a MTSS framework
- Effective planning

A Framework for Safe and Successful Schools

# School Counseling

The ultimate goal of SISP is to improve the conditions for learning through prevention and intervention services at all three levels of the MTSS framework while also collaborating with teachers and other school staff to ensure that students receive high quality instruction.



Benefits of a continuum of SISP supports -

- Fosters positive, safe school climate
- Healthy students stay healthy
- Empowers students' skills
- Students at-risk are identified early; efficient response to needs reduces risk factors
- Students with intensive needs receive intervention matched to need through effective collaboration and schoolcommunity partnerships, including families

## Needs

- Require schools to employ at least one fulltime school counselor in every school with a goal to improve ratios
- Have funding designated specifically for school counseling and other SISP
- Require school administrator preparation programs to educate pre-service administrators on the appropriate effective roles of school counselors and other SISP (SBE Policy TCED-015)

## School Counseling



Tim Hardin, President, NC School Counselor Association, School Counselor, Sadler Elementary, Gaston County Schools /e/ <u>TimKHardin@gmail.com</u>



Cynthia Floyd, Consultant for School Counseling, NC Department of Public Instruction /e/ <u>Cynthia.Floyd@dpi.nc.gov</u>